



**SIMPLY PENDOYLAN**

## **Infection Prevention & Control Policy**

### **1. Policy Statement**

The health, safety and wellbeing of all children, staff, visitors and families is a priority within our setting. We are committed to preventing and reducing the spread of infectious diseases by maintaining high standards of hygiene, cleanliness and infection prevention and control.

This policy supports our duty to provide a safe, healthy and suitable environment and follows current guidance issued by Public Health Wales and relevant Welsh Government legislation.

### **2. Purpose**

This policy aims to:

- Minimise the spread of infection.
- Protect children, staff and visitors.
- Promote good hygiene practices.
- Ensure consistent cleaning and disinfection procedures.
- Meet legal and regulatory requirements.
- Support prompt management of infectious illnesses.

### **3. Scope**

This policy applies to:

- All employees
- Volunteers
- Students
- Children attending the setting
- Parents/carers
- Visitors and contractors

### **4. Responsibilities**

#### **Registered Person / Responsible Individual**

Will ensure:

- Appropriate infection control procedures are in place.

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- Staff receive suitable training.
- Adequate cleaning materials are available.
- Risk assessments are completed.
- Infection outbreaks are managed appropriately.
- Relevant authorities are informed where required.

## **Staff**

Staff will:

- Follow hygiene procedures.
- Wash hands regularly.
- Wear appropriate PPE when necessary.
- Clean equipment after use.
- Report illness immediately.
- Exclude themselves from work when required.
- Record accidents, illnesses and cleaning activities where applicable.

## **Parents/Carers**

Parents are expected to:

- Keep unwell children at home.
- Inform the setting of infectious illnesses.
- Follow exclusion guidance.
- Provide up-to-date emergency contact details.

## **5. Standard Infection Control Precautions**

The following precautions are followed at all times.

### **Hand Hygiene**

Hands must be washed:

- Before preparing food.
- Before eating.
- Before administering medication.
- After using the toilet.
- After assisting a child with toileting.
- After changing children's underwear or nappies.
- After wiping noses.
- After contact with bodily fluids.
- After outdoor play.
- After handling waste.
- After removing gloves.
- On arrival at the setting.

Children are taught effective handwashing using soap and warm running water for at least 20 seconds.

Alcohol hand sanitiser is used only where appropriate and does not replace handwashing when hands are visibly dirty.

## **6. Respiratory Hygiene**

Children and adults are encouraged to:

- Cover coughs and sneezes with a tissue.
- Dispose of tissues immediately.
- Wash hands afterwards.
- Use the "Catch it, Bin it, Kill it" approach.

## **7. Personal Protective Equipment (PPE)**

Disposable gloves and aprons will be worn when:

- Changing underwear/nappies.
- Cleaning bodily fluids.
- Administering first aid where exposure to blood or bodily fluids is possible.
- Cleaning contaminated equipment.

PPE will be disposed of safely after use.

## **8. Cleaning Procedures**

The premises are cleaned daily and when required using appropriate cleaning products.

High-touch areas receive additional cleaning including:

- Door handles
- Light switches
- Toilet flushes
- Taps
- Tables
- Chairs
- Toys
- Electronic devices

## **9. Toys and Equipment**

Toys are cleaned:

- Daily where appropriate.
- Immediately if contaminated.
- Before being returned to circulation after illness outbreaks.

## **10. Nappy Changing**

Staff will:

- Wear gloves.
- Dispose of nappies/soiled clothing safely.
- Wash both the child's and their own hands afterwards.

## **11. Toileting**

Toilets are:

- Cleaned regularly and at end of each session.
- Stocked with soap.
- Checked throughout the session.

Children are supported to develop independent hygiene.

## **12. Food Hygiene**

Food preparation follows food hygiene regulations.

Staff will:

- Wash hands before handling food.
- Clean preparation areas thoroughly.
- Store food safely.
- Monitor refrigerator temperatures.

## **13. Laundry**

Contaminated laundry will:

- Be handled minimally.
- Be placed in suitable bags and given to parents to wash.
- Staff clothing will be bagged and taken home to be washed at the highest suitable temperature.

## **14. Waste Disposal**

Waste is disposed of appropriately.

Bins:

- Have lids where appropriate.
- Are emptied regularly.
- Are cleaned routinely.

## **15. Blood and Bodily Fluid Spillages**

Refer to Management of Blood & Body Fluids (spillages) Policy.

## **16. Illness and Exclusion**

Children or staff displaying symptoms of infectious illness should not attend the setting as per Illness & Exclusion Policy.

Examples include:

- Vomiting
- Diarrhoea
- High temperature
- Unexplained rash
- Certain infectious diseases

The setting follows current Public Health Wales exclusion guidance.

Children who become unwell during the day will:

- Be cared for away from others where practical.
- Be supervised at all times.
- Have parents contacted promptly.
- Return only when appropriate.

## **17. Managing Outbreaks**

Where multiple cases occur:

The setting will:

- Increase cleaning frequency.
- Reinforce hand hygiene.
- Inform parents where appropriate.
- Seek advice from Public Health Wales.
- Maintain appropriate records.

## **18. Immunisation**

Parents are encouraged to ensure children receive routine immunisations.

Staff are encouraged to keep recommended vaccinations up to date where appropriate.

## **19. Ventilation**

Rooms are ventilated where possible through:

- Opening windows
- Using air conditioning system.
- Maintaining comfortable indoor temperatures.

## **20. Training**

Staff receive training on:

- Infection prevention.
- Hand hygiene.
- PPE.
- Cleaning procedures.
- Food hygiene.
- Managing outbreaks.

Refresher training is provided regularly.

## **21. Record Keeping**

The setting maintains records of:

- Accidents.
- Incidents.
- Infectious illnesses.
- Cleaning schedules.
- Staff training.
- Risk assessments.
- Outbreak management where applicable.

## **22. Confidentiality**

Information regarding illness is handled confidentially in accordance with data protection requirements.

## **23. Monitoring**

The Registered Person will monitor compliance through:

- Regular observations.
- Cleaning audits.
- Staff supervision.
- Policy reviews.
- Risk assessments.

## **24. Related Policies**

This policy should be read alongside:

- Health and Safety Policy
- Medication Policy
- Food Safety Policy
- First Aid Policy
- Safeguarding Policy

- Nappy Changing Policy

## **25. Legislation and Guidance**

This policy is informed by:

- Regulated Child Care (Wales) Regulations 2016
- National Minimum Standards for Regulated Child Care
- Health and Safety at Work etc. Act 1974
- Management of Health and Safety at Work Regulations 1999
- Control of Substances Hazardous to Health Regulations 2002
- Guidance published by Care Inspectorate Wales
- Guidance published by Public Health Wales
- Guidance published by Health and Safety Executive