



SIMPLY PENDOYLAN

SUN CARE POLICY

Policy Statement

The Club is committed to providing a safe and healthy environment for all children. We recognise that excessive exposure to ultraviolet (UV) radiation can damage children's skin and increase the risk of skin cancer later in life. This policy outlines the measures we take to protect children from the sun while ensuring they continue to enjoy outdoor play safely.

This policy applies to all children attending the Club and all members of staff.

Promoting Sun Safety

We will:

- Promote positive sun-safe behaviours through discussion, activities and everyday practice.
- Encourage children to enjoy outdoor play safely while understanding the importance of protecting themselves from the sun.
- Ensure staff act as positive role models by following good sun safety practices.

Outdoor Play and Shade

The Club values outdoor play and fresh air. During periods of sunny weather we will:

- Make full use of shaded areas for outdoor activities wherever possible.
- Position seating and equipment in shaded locations.
- Encourage children to take regular breaks in the shade.
- Limit prolonged periods of outdoor activity in direct sunlight, particularly between **11:00 am and 3:00 pm**, when UV levels are highest.
- Ensure children have access to drinking water at all times to prevent dehydration.

Clothing

Parents and carers are encouraged to provide appropriate clothing for sunny weather, including:

- A wide-brimmed or legionnaire-style sun hat that protects the face, ears and neck.
- Lightweight clothing that covers the shoulders where practical.
- UV-protective sunglasses, where appropriate and suitable.

Children will be encouraged to wear their hats whenever playing outdoors in sunny conditions.

Sunscreen

Parents and carers are responsible for:

- Applying sunscreen to their child before they attend the Club on sunny days.
- Providing a clearly labelled bottle of sunscreen with a minimum **SPF 30** and **4 or 5-star UVA protection**, which is in date.

Where children remain at the Club for extended periods or require reapplication of sunscreen:

- Staff will supervise or assist children to apply sunscreen where appropriate.

- Written parental consent must be obtained before staff assist with the application of sunscreen.
- Staff will encourage children who are able to apply their own sunscreen under appropriate supervision.

Staff Responsibilities

Staff will:

- Monitor weather conditions and UV exposure.
- Ensure this policy is followed consistently.
- Encourage regular drinks of water throughout the day.
- Be alert to signs of heat-related illness or sunburn and respond appropriately.
- Record and report any concerns regarding a child's health or wellbeing in accordance with the Club's procedures.

Parents and Carers

Parents and carers are expected to:

- Provide suitable sun-protective clothing.
- Supply labelled sunscreen if required.
- Ensure emergency contact details remain up to date.
- Inform the Club of any allergies or medical conditions relating to sunscreen.

Equality and Inclusion

The Club recognises that children have different skin types and individual needs. Sun protection measures will be applied appropriately while ensuring all children can participate safely in activities. Individual medical needs or cultural requirements will be respected wherever possible.

Monitoring and Review

The Registered Person and Person in Charge are responsible for ensuring this policy is implemented and reviewed regularly, or sooner if guidance or legislation changes.