



SIMPLY PENDOYLAN

NAPPY CHANGING & TOILETING POLICY

Statement

Although children attending our setting are generally expected to be toilet trained, we recognise that some children may still wear pull-ups or nappies, or may occasionally have toileting accidents. We are committed to supporting children's personal care needs in a manner that promotes their dignity, privacy, wellbeing and independence while maintaining high standards of hygiene and safeguarding.

Procedure

- Children requiring nappy changing or assistance following a toileting accident will be treated with sensitivity, respect and reassurance at all times.
- Wherever possible, children will be encouraged to carry out aspects of their own personal care appropriate to their age and stage of development, with staff providing support only where necessary.
- Staff will explain what they are doing throughout the process and seek the child's cooperation to ensure the child feels safe and respected.
- Disposable gloves and aprons will be worn during all intimate care procedures.
- Hands will be washed before and after each change, and the child will be supported to wash their hands afterwards.
- Disposable wipes and appropriate cleaning materials will be used, and all waste will be disposed of hygienically in accordance with the setting's infection control procedures.
- Changing mats and all equipment will be cleaned and disinfected after each use.
- Children will be changed in a designated area that protects their privacy whilst ensuring safeguarding procedures are maintained. Staff will never compromise their own safety or the child's welfare during intimate care.
- Children will be changed into their own spare clothing where available. The setting can provide emergency spare clothing if required.
- Soiled clothing will be placed in a sealed or double-bagged bag and returned to parents/carers.
- Parents or carers will be informed of any toileting accident or nappy change that occurs during the session.

Safeguarding

- Intimate care will always be carried out by appropriately vetted members of staff who have received relevant training.
- Staff will follow the setting's Safeguarding, Intimate Care, Infection Control and Health and Safety policies at all times.
- Any marks, bruising, soreness or concerns noticed during changing will be recorded and reported to the Designated Safeguarding Person in line with safeguarding procedures.
- Children's dignity, privacy and rights will be respected throughout every intimate care procedure.

Individual Care Plans

Where a child requires regular nappy changing or ongoing intimate care due to age, medical needs, disability or additional learning needs, an Individual Intimate Care Plan will be agreed with parents or carers. This will outline the child's individual needs, routines, products provided by parents and any medical or safeguarding considerations.

Record Keeping

A record of regular nappy changes or significant toileting incidents will be maintained where appropriate and shared with parents or carers. Records will be stored securely in accordance with the setting's confidentiality and data protection procedures.